

Spa Packages

Everyone needs a little self-indulgence from time to time and what finer surroundings to relax in than the Spa at a Macdonald Hotel.

We have created a selection of ultimate packages to leave you ready to tackle every day life and the challenges it brings. From advanced precision facials to aroma envelopments, relaxing full body massages to hot stone treatments...the choice is simply yours!

The spa package experiences include bathrobe and towel, unlimited use of the Spa area, including relaxation suite, and all the other facilities that the club has to offer. Enjoy a light lunch and refreshment drink of your choice.

Why not extend your spa day with a totally relaxing overnight stay at the hotel. Take the opportunity to wine and dine in our fabulous restaurant and enjoy the comfort of our luxurious bedrooms.

Houstoun

	Time	Mon- Thurs	Fri - Sun
Vital Pamper Day Includes: Back Neck & Shoulders Massage, Time Precious Facial, 2 Course Lunch & Full use of leisure facilities	1 hr	£60	£70
Decleor Retreat Includes: Back Neck & Shoulders Massage, Time Precious Facial, 2 Course Lunch & Full use of leisure facilities plus a Decleor Sensorial Escape Travel Bag to take home	1 hr	£89	£99
Luxury Pamper Day Includes: Back Neck & Shoulders Massage, Time Precious Facial, File & Polish, 2 Course Lunch & Full use of leisure facilities	1hr 30min	£75	£85
Deluxe Pamper Day Includes: Full Body Massage, Time Precious Facial, File & Polish on hands, Express Pedicure, 2 Course Lunch & Full use of leisure facilities	2hrs 30min	£110	£120
Supreme Pamper Day Includes: Full Body Massage, Facial, Body Polish, File & Polish on hands, Express Pedicure, 2 Course Lunch & Full use of leisure facilities	3hrs 30min	£140	£160

All our spa days have been designed to make our guests feel truly pampered. If you wish to create your own unique spa experience why not tailor make your own spa package.

DECLEOR FACIAL TREATMENTS

Treatment	Time	Mon- Thurs	Fri - Sun
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<p>Decléor Relaxing Aromatic Facial Decléor uses its own special art of massage to your face. Your therapist will choose from Essential, Purify, Nourish, Soothe, Lift or Radiance to relax the entire face using the treasures of aromatherapy</p>	1 hr	£40	£45
<p>Decléor Classic Aromatic Facial This multi-active, 100% natural treatment is tailored to every skin type. Your therapist selects products to rebalance your skin's concerns. At the heart of this treatment is a mask that has a truly unique and surprising texture, with Linseed, Wheat germ and Sunflower.</p>	1 hr	£40	£45
<p>Decléor Aroma Advanced Precision Facials Looking for a treatment with high-precision action? These targeted treatments provide an expert response to the needs of all skin types. Even the most demanding skin is satisfied. Every Aroma Expert treatment offers a concentrate of highly targeted Essential oils and Plant Extracts:</p> <p>Aroma Expert Essential This precision treatment provides an instant and long term response for thirsty skin.</p> <p>Aroma Expert Purify An intensive balancing treatment for oily or combination skin.</p> <p>Aroma Expert Nourish A deep nourishing treatment to replenish lost moisture and reinforce the skin's barrier function.</p> <p>Aroma Expert Soothe A wonderful calming treatment to comfort sensitive skin.</p> <p>Aroma Expert Radiance An intensive facial rich in Vitamin C to brighten the entire complexion.</p> <p>Aroma Expert Lift – Evidence Designed to combat the first visible signs of ageing, this revitalising treatment restores radiance and softens the appearance of expression lines.</p> <p>Aroma Expert Lift – Experience The ultimate holistic answer to facial firming and lifting to enhance the youthful appearance of a rejuvenated skin.</p> <p>Aroma Expert Excellence - Age Defying Facial This incredible treatment restores facial volume with innovative "lipo-filling" technology. Wrinkles appear to be plumped from within and the contours of the face appear reshaped.</p>	1hr 15mins	£45	£50
<p>Decléor Aroma Time Precious Facial A perfect way to taste the world renowned Decléor facials, enjoy all the benefits of one of the most powerful ingredients, Essential Oils.</p>	30 mins	£28	£35
<p>Decléor Vital Eyes Keep eyes sparkling and slow the signs of time, stress and fatigue with this incredibly relaxing and targeted treatment. Eyes become clearer, fine lines and wrinkles are smoothed shadows and puffiness are eliminated.</p>	45 mins	£35	£40
<p>Decléor Alpha + Refining Facial If, despite your regular treatment and skincare routine, your skin appears</p>	45 mins	£38	£42

dull and lifeless, this treatment will restore a natural glow, and leave your skin softer, smoother and more radiant.

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DECLÉOR BODY TREATMENTS

<p>Decléor Aroma Ultimate Body Massage The art of Absolute Well-being! Choose from Relax, Detox, Flow or Tonic. Every bit of tension is eased from your body with this heavily massage. Your skin is treated to the incredibly smoothing sensation of a warm Aromatic balm.</p>	1 hr	£48	£55
<p>Decléor Aroma Envelopments At the heart of these treatments is a rich, creamy mask full of Essential Oils and Plant Extracts, chosen according to your needs and applied all over the body. Enjoy the pleasure of a heated blanket whilst the products work their magic. Your face or scalp will be relaxed with beautiful aromatic balms.</p> <p>Aroma Detox Envelopment Essential Oils and Marine Algae rich in Minerals breakdown fatty deposits drain toxins and eliminate excess water retention.</p> <p>Aroma Relax Envelopment After a gentle exfoliation, warm Aromatic Relax Balm is smoothed over the entire body followed by a sumptuous creamy mask leaving a soft and silky skin.</p> <p>Aroma Flow Envelopment A refreshing and energising treatment to eliminate toxins and remove excess fluid.</p> <p>Aroma Tonic Envelopment Instantly increases skins radiance with a unique blend of toning, firming and anti-ageing ingredients.</p>	1hr 30mins	£65	£70
<p>Decléor Aroma Body Silk Glistener Radiant, bright and petal soft - your skin will glisten with health and vitality after this natural exfoliation treatment. This is the ultimate skin enhancer.</p>	45 mins	£35	£40
<p>Decléor Tranquility Scalp Massage Drift into a deep relaxation with this sublimely calming massage. All traces of tension are gently eased from scalp, neck and shoulders and the soothing Essential Oils enhance the calming experience.</p>	30 mins	£30	£35
<p>Decléor Perfect Leg Treatment The perfect antidote for tired, aching legs, this instantly refreshing and invigorating treatment will put the bounce back in your step.</p>	45 mins	£40	£45
<p>Decléor Cleansing Back Treatment A unique diagnostic massage combined with deep cleansing, purifying and balancing Essential Oils will decongest, hydrate and restore clarity leaving the skin clearer, brighter and healthier</p>	45 mins	£35	£40
<p>Decléor Aroma Back Relief Vulnerable areas of the back, neck and shoulders, where tension immediately accumulates are instantly relaxed. Stresses are dissolved with deep massage and a stimulating aromatic mask with Essential Oils, for ultimate relief.</p>	30 mins	£30	£35
<p>Decléor Perfect Anti-Cellulite Treatment Blitz cellulite with this ultra-smoothing targeted treatment. Thighs, hips and bottom are noticeably refined even after one treatment.</p>	1 hour	£45	£50
<p>Decléor Aroma Foot Relief</p>	30	£30	£35

Hot towels impregnated with Essential oils relax the feet and lower legs before a stimulating warm massage balm is applied with a unique reflex point massage. Feet and lower legs are immediately relaxed, circulation is stimulated and excess fluids are dispersed, leaving your feet feeling fresh and light	mins		
Decléor Sunrise Self-Tanning Treatment An exquisite face and body skin preparation, using Atlantic Sea Salt and Calendula Petals leaving your skin gently exfoliated and silky soft to the touch. This natural application of self tan will leave you ready for any occasion.	60 mins	£40	£45
Decléor Sunset Treatment Created to replenish and soothe sun-exposed skin from top to toe, this unique treatment will prolong your tan, prevent peeling and saturate your skin with a much needed moisture boost.	90 mins	£60	£65
Decléor Sumptuous Mother-To-Be Treatment This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretch marks, lighten your legs and brighten your complexion to ensure you look as radiant as you feel.	90 mins	£60	£65

DECLÉOR TREATMENTS FOR MEN

EXPRESS ENERGY FACIAL TREATMENT - An express treatment for men on the go, for a unique moment of discovery. DETOXIFY, REFRESH AND ENERGISE	30 mins	£28	£35
Decléor Intensive Energising Facial Treatment The ultimate detoxifying treatment for a clear, pure, fresh skin and a rebalanced, de-stressed complexion, with long-lasting results. Decléors specific face masks are selected to suit your personal skin care needs and the results are immediately visible.	1 hr 15min	£45	£50
Decléor body treatments			
Intensive energizing body Treatment A revitalising treatment for a pure sensation of energy and deep relaxation. EXFOLIATE, DE-STRESS AND ENERGISE.	60 mins	£40	£40
Decléor "Cleansing Back" relief A unique diagnostic massage combined with deep cleansing as well as purifying and balancing Essential Oils decongest, hydrate and restore clarity to this delicate area, making the skin clearer, brighter and healthier.	45 mins	£35	£40
Decléor Aroma "Back Relief" Massage Vulnerable areas being back, neck and shoulders where tension immediately accumulates are instantly relaxed. Your stresses will be dissolved with deep massage and a stimulating aromatic mask with Essential Oils, for ultimate relief	30 mins	£30	£35
Ultimate Relaxer Body Massage A deeply relaxing massage treatment to de-stress, release built-in tension and coax skin into better condition. Pure aromatic balms diffuse their relaxing, stimulating, detoxifying or toning benefits deep into your skin whilst expert massage techniques soothe away muscular tension and stiffness.	30 min 60 min 90 min	£28 £48 £65	£35 £55 £70

Alternative therapies

Hot stones therapy massage Relax the body, mind and spirit. Stimulates your metabolism and circulation. It induces deep relaxation and re-balances your whole body leading to a sense of well being.	60 min	£63	£70
	1hr 30min	£80	£85

Jessica Spa Essential

Manicure	45mins	£25	£30
Deluxe manicure	60 mins	£30	£35
File & Polish	25 mins	£15	£20
French Polish supplement	15 mins	£5	£5
Pedicure	45 mins	£25	£30
Luxury Pedicure	60 mins	£30	£35
File & Polish	25 mins	£15	£20

The Smooth Touch

Full leg wax	45 mins	£23	£26
Half leg wax	30 mins	£16	£19
Bikini Line wax	15 mins	£10	£13
Brazilian	20 mins	£15	£20
Chest Wax	20 mins	£10	£13
Under arm	15 mins	£10	£13
Arm wax	15	£10	£13

	mins		
Upper lip wax	15 mins	£10	£13
Chin Wax	15mins	£10	£13
Eye lash tint	20mins	£10	£15
Eye brow tint	10mins	£8	£13
Eye lash and eye brow tint and shape	30mins	£15	£20
Eye brow shape	15mins	£8	£10

Make Over

Special occasion make up	45 mins	£35	£40
Make up Tuition	60 mins	£40	£45
Bridal make up (plus trial)	30 mins x2	£55	£55

Cancellation Policy

Please note we require the following notice on cancellations or full payment will be required.

Treatments 24 hours

Spa Days: 72 hours

Spa Gift Voucher

Give the ultimate gift with a Macdonald Hotel Spa gift voucher. Prices start from £10 and are tailor made for the individual.