



Community Fit !

Give it a try...

Enjoy seven days at Vital Health and Wellbeing for just £10

We are giving you the fantastic opportunity to use our facilities for seven consecutive days for just £10.

Vital Health and Wellbeing is the ideal way to relax tired limbs, rebuild your strength and revitalise your health.

Facilities Available Include

Indoor Swimming Pool, Outdoor Swimming Pool, Air Conditioned Gymnasium, Squash* & Tennis Courts*, Complimentary Fitness Classes, Sauna, Steam room, Relaxation Rooms, dedicated Spa offering an extensive range of treatments*, Two Restaurants, Bar & Members Lounge

*A nominal fee applies for these activities

To activate your seven day membership for two, please call the Club on 01590 646506, to arrange a convenient time to collect your passes. We look forward to hearing from you soon. This offer expires on the 30th April 2009, so just give us a call to activate you seven day pass.

**Vital Health and Wellbeing, South Baddesley Road, Lymington,
Hampshire, SO41 5ZB
Telephone: 01590 646506 Email: leisure.elmers@macdonald-hotels.co.uk**