

All our spa days have been designed to make our guests feel truly pampered.

If you wish to create your own unique spa experience why not tailor-make your own spa package.

SPA PACKAGES

Everyone needs a little self indulgence from time to time and what finer surroundings to relax in than the spa at a Macdonald Hotel.

We have created a selection of ultimate packages to leave you ready to tackle every day life and the challenges it brings. From advanced precision facials to aroma envelopments, relaxing full body massages to hot stone treatments...the choice is yours.

The spa package experiences includes unlimited use of the spa area including the relaxation suite, bathrobe and towel, and all the other facilities that the club has to offer. Enjoy a light lunch and beverage of your choice.

Extend your spa day with a relaxing overnight stay at the hotel. Take the opportunity to wine and dine in our fabulous restaurant and enjoy the comfort of our luxurious bedrooms.

	MON - THURS	FRI - SUN
<p>SPA TASTER DAY Relaxing aromatic facial or Aroma ultimate body massage <i>1 hour</i></p>	£89	£99
<p>SPA DAY FOR TWO Relaxing aromatic facial Aroma ultimate body massage <i>2 hours per person</i></p>	£350	£360
<p>ALL DAY RETREAT Hot stone therapy massage (60 minutes) Vital eye treatment Jessana manicure and pedicure <i>3 hours 45 minutes</i></p>	£290	£300
<p>MOTHER TO BE PACKAGE Decl�or sumptuous mother to be treatment Jessana manicure and pedicure <i>3 hours 30 minutes</i></p>	£219	£229
<p>BRIDE TO BE Aroma ultimate body massage (90 minutes) Jessana manicure and pedicure <i>3 hours 30 minutes</i></p>	£235	£245

DECLÉOR FACIAL TREATMENTS**DECLÉOR AROMA ADVANCED PRECISION FACIAL**

Looking for a treatment with high-precision action? These targeted treatments provide an expert response to the needs of all skin types. Even the most demanding skin is satisfied. Every aroma expert treatment offers a concentrate of highly targeted essential oils and plant extracts.

AROMA EXPERT ESSENTIAL

This precision treatment provides an instant and long-term response for thirsty skin.

AROMA EXPERT PURIFY

An intensive balancing treatment for oily or combination skin.

AROMA EXPERT NOURISH

A deep nourishing treatment to replenish lost moisture and reinforce the skin's barrier function.

AROMA EXPERT SOOTHE

A wonderful calming treatment to comfort sensitive skin.

AROMA EXPERT RADIANCE

An intensive facial, rich in Vitamin C to brighten the entire complexion.

AROMA EXPERT LIFT – EVIDENCE

Designed to combat the first visible signs of ageing, this revitalising treatment restores radiance and softens the appearance of expression lines.

AROMA EXPERT LIFT – EXPERIENCE

The ultimate holistic answer to facial firming and lifting to enhance the youthful appearance of a rejuvenated skin.

AROMA EXPERT EXCELLENCE - AGE DEFYING FACIAL

This incredible treatment restores facial volume with innovative 'lipo-filling' technology. Wrinkles appear to be plumped from within and the contours of the face appear reshaped.

TIME	MON - THURS	FRI - SUN
1 hr 15mins	£80	£90
1 hr 15mins	£80	£90
1 hr 15mins	£80	£90
1 hr 15mins	£80	£90
1 hr 15mins	£80	£90
1 hr 15mins	£80	£90
1 hr 15mins	£80	£90

DECLÉOR FACIAL TREATMENTS**DECLÉOR RELAXING AROMATIC FACIAL**

Decléor uses its own special art of massage to your face. Your therapist will choose from Essential, Purify, Nourish, Soothe, Lift or Radiance to relax the entire face using the treasures of aromatherapy.

DECLÉOR CLASSIC AROMATIC FACIAL

This multi-active, 100% natural treatment is tailored to every skin type. Your therapist selects products to rebalance your skin's concerns. At the heart of this treatment is a mask that has a truly unique and surprising texture, with linseed, wheat germ and sunflower.

DECLÉOR AROMA TIME PRECIOUS FACIAL

A perfect way to taste the world renowned Decléor facials, enjoy all the benefits of one of the most powerful ingredients, essential oil.

DECLÉOR VITAL EYES

Keep eyes sparkling and slow the signs of time, stress and fatigue with this incredibly relaxing and targeted treatment. Eyes become clearer, fine lines and wrinkles are smoothed, and shadows and puffiness are eliminated.

DECLÉOR ALPHA + REFINING FACIAL

If despite your regular treatment and skincare routine, your skin still appears dull and lifeless, this treatment will restore a natural glow, and leave your skin softer, smoother and more radiant.

TIME	MON - THURS	FRI - SUN
1 hr	£70	£80
1 hr	£70	£80
30mins	£35	£45
45mins	£40	£50
45mins	£40	£50

DECLÉOR BODY TREATMENTS**DECLÉOR AROMA ULTIMATE BODY MASSAGE**

The art of absolute wellbeing.

Choose from **RELAX, DETOX, FLOW** or **TONIC**

Every bit of tension is eased from your body with this heavenly massage. Your skin is treated to the incredibly smoothing sensation of a warm aromatic balm.

DECLÉOR AROMA ENVELOPMENT

At the heart of these treatments is a rich, creamy mask full of essential oils and plant extracts, chosen according to your needs and applied all over the body. Enjoy the pleasure of a heated blanket whilst the products work their magic. Your face or scalp will be relaxed with beautiful aromatic balm.

AROMA DETOX ENVELOPMENT

Essential oils and marine algae, rich in minerals, break down fatty deposits, drain toxins and eliminate excess water retention.

AROMA RELAX ENVELOPMENT

After a gentle exfoliation, warm aromatic relax balm is smoothed over the entire body followed by a sumptuous creamy mask leaving soft and silky skin.

AROMA FLOW ENVELOPMENT

A refreshing and energising treatment to eliminate toxins and remove excess fluid.

AROMA TONIC ENVELOPMENT

Instantly increases skin's radiance with a unique blend of toning, firming and anti-ageing ingredients.

DECLÉOR AROMA BODY SILK GLISTENER

Radiant, bright and petal soft - your skin will glisten with health and vitality after this natural exfoliation treatment. This is the ultimate skin enhancer.

DECLÉOR TRANQUILITY SCALP MASSAGE

Drift into a deep relaxation with this sublimely calming massage. All traces of tension are gently eased from scalp, neck and shoulders, and soothing essential oils enhance the calming experience.

DECLÉOR PERFECT LEG TREATMENT

The perfect antidote for tired, aching legs, this instantly refreshing and invigorating treatment will put the bounce back in your step.

TIME	MON - THURS	FRI - SUN
1 hr	£70	£80
1 hr 30mins	£95	£105
1 hr	£75	£85
1 hr	£75	£85
1 hr	£75	£85
1 hr	£75	£85
45mins	£40	£50
30mins	£35	£45
45mins	£45	£55

DECLÉOR BODY TREATMENTS**DECLÉOR CLEANSING BACK TREATMENT**

A unique diagnostic massage combined with deep cleansing, purifying and balancing essential oils, along with a stimulating aromatic mask which will decongest, hydrate and restore.

DECLÉOR AROMA BACK RELIEF

Vulnerable areas of the back, neck and shoulders, where tension immediately accumulates are instantly relaxed. Stresses are dissolved with exfoliation, deep massage and hot towels for ultimate relief.

DECLÉOR PERFECT ANTI-CELLULITE TREATMENT

Blitz cellulite with this ultra-smoothing targeted treatment. Thighs, hips and bottom are noticeably refined even after one treatment.

DECLÉOR SUNRISE SELF-TANNING TREATMENT

An exquisite face and body skin preparation, using Atlantic sea salt and calendula petals, leaves your skin gently exfoliated and silky soft to the touch. This natural application of self-tan will leave you ready for any occasion.

DECLÉOR SUNSET TREATMENT

Created to replenish and soothe sun-exposed skin from top to toe, this unique treatment will prolong your tan, prevent peeling and saturate your skin with a much needed moisture boost.

DECLÉOR SUMPTUOUS MOTHER-TO-BE TREATMENT

This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretch marks, lighten your legs and brighten your complexion, to ensure you look as radiant as you feel.

TIME	MON - THURS	FRI - SUN
45mins	£45	£55
30mins	£30	£40
1hr	£60	£70
1hr 30mins	£105	£115
1hr 30mins	£105	£115
1hr 30mins	£90	£99

DECLÉOR FACIAL TREATMENTS FOR MEN**DECLÉOR INTENSIVE ENERGISING FACIAL TREATMENT**

The ultimate detoxifying treatment for a clear, pure, fresh skin and a rebalanced, de-stressed complexion, with long-lasting results. Decléor's specific face masks are selected to suit your personal skin care needs and the results are immediately visible.

EXPRESS ENERGY FACIAL TREATMENT

An express treatment for men on the go, for a unique moment of discovery. Detoxify, refresh and energise.

DECLÉOR BODY TREATMENTS FOR MEN**INTENSIVE ENERGISING BODY TREATMENT**

A revitalising treatment for a pure sensation of energy and deep relaxation. Detoxify, refresh and energise.

DECLÉOR CLEANSING 'BACK RELIEF' MASSAGE

A unique diagnostic massage combined with deep cleansing, purifying and balancing essential oils, along with a stimulating aromatic mask which will decongest, hydrate and restore.

DECLÉOR AROMA 'BACK RELIEF' MASSAGE

Vulnerable areas of the back, neck and shoulders, where tension immediately accumulates are instantly relaxed. Stresses are dissolved with exfoliation, deep massage and hot towels for ultimate relief.

ULTIMATE RELAXER BODY MASSAGE

A deeply relaxing massage treatment to de-stress, release built-in tension and coax skin into better condition. Pure aromatic balm diffuses its relaxing, stimulating, detoxifying and toning benefits deep into your skin whilst expert massage techniques soothe away muscular tension and stiffness.

TIME	MON - THURS	FRI - SUN
1hr 15min	£80	£90
30mins	£35	£45
1hr	£75	£85
45mins	£45	£55
30mins	£30	£40
1hr	£70	£80
1hr 30min	£95	£105

ALTERNATIVE THERAPIES

REFLEXOLOGY

An ancient healing art using reflex points on the feet. Each point corresponds to specific organs or functions of the body, helping to alleviate stress and tension, improving circulation to restore balance and harmony.

HOT STONES THERAPY MASSAGE

Relax the body, mind and spirit. Stimulate your metabolism and circulation. This treatment induces deep relaxation and rebalances your whole body, leading to a sense of total wellbeing.

HOPI EAR CANDLES

A relaxing, stress-free, natural therapy treatment to relieve blocked ears from excessive wax, headaches, glue ear, sore throat, sinusitis, catarrh, and all the side effects they may bring.

INDIAN HEAD MASSAGE

An Eastern complementary, holistic treatment, working on relieving stress and tension on the neck and shoulders. This technique concentrates on acupressure points, helping to recharge and invigorate the mind.

TIME	MON - THURS	FRI - SUN
1 hr	£60	£70
1 hr 15mins	£80	£90
1 hr 30min	£125	£135
45mins	£45	£55
45mins	£45	£55

JESSANA SPA ESSENTIAL	TIME	MON - THURS	FRI - SUN
MANICURE	1hr	£45	£55
DELUXE MANICURE	1hr 15mins	£55	£65
FILE & POLISH	25mins	£20	£30
FRENCH POLISH SUPPLEMENT	15mins	£5	£10
PEDICURE	1hr	£45	£55
DELUXE PEDICURE	1hr 15mins	£55	£65
FILE & POLISH	25mins	£20	£30
 THE SMOOTH TOUCH			
FULL LEG WAX	45mins	£40	£45
HALF LEG WAX	30mins	£25	£30
BIKINI LINE WAX	15mins	£15	£20
BRAZILIAN	20mins	£30	£40
CHEST WAX	20mins	£30	£40
UNDER ARM	15mins	£15	£20
ARM WAX	20mins	£15	£20
UPPER LIP WAX	15mins	£15	£20
CHIN WAX	15mins	£15	£20
EYELASH TINT	20mins	£25	£30
EYEBROW TINT	10mins	£15	£20
EYEBROW SHAPE	15mins	£15	£15
EYELASH AND EYEBROW TINT AND SHAPE	30mins	£35	£40

MAKE OVER	TIME	MON - THURS	FRI - SUN
SPECIAL OCCASION MAKE UP	30mins	£65	£75
MAKE UP TUITION	45mins	£75	£85
BRIDAL MAKE UP (plus trial)	60mins	£110	£120

Spa Gift Voucher

Give the ultimate gift with a Macdonald Hotels Spa gift voucher.
Prices start from £10 and are tailor-made for the individual.

Cancellation Policy

Please note we require the following notice on cancellations or full payment will be required.

Treatments 24 hours

Spa Days: 72 hours



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